

# Curriculum Vitae

**Kita Sachiko, PhD, RMW, RN, PHN**

**Full-time Lecturer (Senior Lecturer), Department of Family Nursing,  
Division of Health Sciences and Nursing, Graduate School of Medicine,  
The University of Tokyo**

## EDUCATIONAL BACKGROUND

2012.4-2015.3 PhD. (Public Health, 2015.3.24), Department of Midwifery and Women's Health, Divisions of Health Sciences and Nursing, Graduate School of Medicine, The University of Tokyo, Tokyo, Japan

2005.4-2007.3 MA (Nursing, 2007.3.24), Department of Midwifery and Women's Health, Graduate of Nursing Sciences, St. Luke's International University, Tokyo, Japan

2001.4-2005.3 BA (Nursing, 2005.3.20), School of Nursing, Tokyo Women's Medical University, Tokyo, Japan

## WORKING EXPERIENCES

2022.4-present Full-time Lecturer (Senior Lecturer), Department of Family Nursing, Divisions of Health Sciences and Nursing, Graduate School of Medicine, The University of Tokyo, Tokyo, Japan

2021.4-2022.3 Researcher, Department of Health Policy, National Center for Child Health and Development, Tokyo, Japan

2015.4-2021.3 Assistant Professor, Department of Family Nursing, Divisions of Health Sciences and Nursing, Graduate School of Medicine, The University of Tokyo, Tokyo, Japan

2012.4-2015.3 Research Fellow, Kitamura Institute of Mental Health Tokyo, Tokyo, Japan

2010.4-2011.3 Teaching and Research Assistant, Department of Midwifery and Women's Health, Graduate of Nursing Sciences, St. Luke's International University, Tokyo, Japan

2007.4-2010.6 CMW (Certificated Nurse-midwife), Department of Obstetrics and Gynecology, Japanese Red Cross Omori Hospital, Tokyo, Japan

## RESEARCH

### GRANTS (Principle investigator: PI)

1. JSPS Grand-in-Aid for Scientific Research (B), Development of a comprehensive cross-cultural recovery specific intervention for gender-based violence: A Japan-U.S. joint study. No. 23H0324. ¥12,900,000 (2023.4-2025.3)
2. JSPS Grand-in-Aid for Young Scientist. Development of a family care model to prevent and terminate family poly-victimization. No. 20K19126. ¥4,160,000 (2020.4-2024.3)
3. JSPS Grand-in-Aid for Young Scientist (B). Development and effects of a perinatal health program to improve mental health and parenting after childbirth among pregnant women exposed IPV. No. 17K17464. ¥4,030,000 (2017.4-2020.3)

4. JSPS Grand-in-Aid for Research Activity Start-up. Identifying the association of intimate partner violence during pregnancy and abusive parenting after childbirth and its related psychological factors. No. 15H06179. ¥2,730,000 (2015.4-2017.3)
5. UNIVERS foundation. Associations between intimate partner violence during pregnancy, mother-to-infant bonding failure, and postnatal depressive symptoms. ¥1,000,000. (2013.11-2014.11)

## AWARDS

1. The 21<sup>st</sup> Best Paper Award, Japan Academy of Nursing Science, 2022.  
**Kita S**, Tobe H, Umeshita K, Hayashi M, Kamibeppu K. Impact of intimate partner violence and childhood maltreatment on maternal-infant maltreatment: A longitudinal study. *Japan Journal of Nursing Sciences*, 18(1), e12373, 2020.
2. Female Researcher Award, The Soroptimist Japan Foundation, Tokyo region, 2021. **Kita S**.

## INTERNATIONAL COLLABORATION RESEARCH PROJECTS

1. **Kita S** (PI in Japan), Saint Arnault D (PI in the U.S.), Sinko L, Baba K, Ikeda M. Development of a comprehensive cross-cultural recovery specific intervention for gender-based violence: A Japan-U.S. joint study. 2023.4-present. Japan and the U.S.
2. Saint Arnault D (PI and Director), **Kita S** (Board member), Laura S (Board member), Sorsa M (Board member), Paavilainen E, Ratsika N (Board member), Koutra K, Halldorsdottir S, Sigurdardottir S, Thorvaldsdottir KB, O'Halloran S, Lev-Weisel R, Goldner L, Sion G . Multicultural Study of Trauma Recovery Consortium. 2016.9-present. 13 countries including the U.S., Japan, Finland, Greece, Iceland, Ireland, Israel, and Rumania.
3. **Kita S** (PI), Chan KL, Malmedal WK, Kamaibeppu K, Kishi E, Baba K, Iwasaki R. Development of a family care model to prevent and terminate family poly-victimization. 2019.4-present. Japan, Hong Kong, and Norway.

## PEER-REVIEWED PUBLICATIONS IN ENGLISH (Total = 36, First author= 17, Main = 18)

1. **Kita S**, Baba K, Motegi-Iwasaki R, Kishi E, Kamibeppu K, Malmedal KW, Chan KL. Development of a Japanese version of the Family Poly-victimization Screen. *International Journal of Environmental Research and Public Health*. 20(4), 3142. 2023.doi: 10.3390/ijerph20043142
2. **Kita S**, Ochiai K, Sato Y, Akiyama S, Abe M, Tashita K, Tanaka H, Matsumoto F, Hayashi S, Kohashi K, Tsujino K, Uchiyama K, Tsukamatsu K, Ikeda U, Ikeda M, Suzuki H. Development of the Training program on Child Abuse Prevention for Citizens (TCAP-C) and its effects and acceptability: Community-based participatory research. *International Journal of Environmental Research and Public Health*, 20(2), 1414, 2023. doi: 10.3390/ijerph20021414
3. **Kita S**, Kamibeppu K, Saint Arnault D. “Knitting together the lines broken apart”: Recovery process to integration among Japanese survivors of intimate partner violence. *International Journal of Environmental Research and Public Health*, 19(19), 12504, 2022. doi: 10.3390/ijerph191912504.

4. Koutra K, Burns C, Sinko L, **Kita S**, Bilgin H, Saint Arnault D. Trauma recovery rubric: A mixed-method analysis of trauma recovery stages in four countries. *International Journal of Environmental Research and Public Health*. 19, 10310, 2022. Doi: 10.3390/ijerph191610310
5. **Kita S**, Zonp Z, Saint Arnault D. Initial testing of components of the Cultural Determinants of Trauma Recovery (CDTR) Theory among American gender-based violence survivors: Structural Equation Modeling. *Journal of Advanced Nursing*. 2022. doi: 10.1111/jan.15331. (Online ahead of print)
6. **Kita S**, Tobe H, Umeshita K, Hayashi M, Kamibeppu K. Impact of intimate partner violence and childhood maltreatment on maternal-infant maltreatment: A longitudinal study. *Japan Journal of Nursing Sciences*, 18(1), e12373, 2021.
7. **Kita S**, Sato I, Sakka M, Soejima T, Kamibeppu K. Does the use of childcare services reduce the impact of intimate partner violence on the quality of life of children?: Multiple-group structural equation modeling. *Applied Research in Quality of Life*, 2020 (Ahead of print; doi: 10.1007/s11482-020-09847-w)
8. **Kita S**, Hayashi M, Umeshita K, Tobe H, Uehara N, Matsunaga M, Kamibeppu K. Intimate partner violence and maternal child abuse: The mediating effects of mothers' postnatal depression, mother-to-infant bonding failure, and hostile attributions to children's behaviors. *Psychology of Violence*, 10(3), 279-289, 2020.
9. **Kita S**, Haruna M, Matsuzaki M, Kamibeppu K. Does antenatal social support affect the relationships between intimate partner violence during pregnancy and perinatal mental health? *Violence Against Women*, 26(6-7), 573-589, 2020.
10. **Kita S**, Chan KL, Tobe H, Hayashi M, Umeshita K, Matsunaga M, Uehara N, Kamibeppu K. A follow-up study on the continuity and spillover effects of intimate partner violence during pregnancy on postnatal child abuse. *Journal of Interpersonal Violence*, 36(13-14), P6904-NP6927, 2019. doi:10.1177/0886260518821460
11. **Kita S**, Umeshita K, Tobe H, Hayashi M, Kamibeppu K. Intimate partner violence, negative attitudes towards pregnancy, and mother-to-fetus bonding failure among Japanese pregnant woman. *Violence and Victims*, 34(3), 536-547, 2019.
12. **Kita S**, Haruna M, Yamaji M, Matsuzaki M, Kamibeppu K. Association of mental and behavioral problems among children exposed to intimate partner violence and visits with their fathers who perpetrated the violence. *Open Journal of Nursing*, 7(3), 361-377, 2017.
13. **Kita S**, Haruna M, Hikita N, Matsuzaki M, Kamibeppu K. Development of the Japanese version of the Woman Abuse Screening Tool-Short. *Nursing and Health Sciences*, 19(1), 35-43, 2017.
14. **Kita S**, Haruna M, Matsuzaki M, Kamibeppu K. Associations between intimate partner violence (IPV) during pregnancy, mother-to-infant bonding failure, and postnatal depressive symptoms. *Archives of Women's Mental Health*, 9(4), 623-634, 2016.
15. Kageyama M, Solomon P, **Kita S**, Nagata S, Yokoyama K, Nakamura Y, Kobayashi S, Fujii C. Factors related to physical violence experienced by parents of persons with schizophrenia in Japan. *Psychiatry Research*, 243, 439-445, 2016.
16. **Kita S**, Minatani M, Hikita N, Matsuzaki M, Shiraishi M, Haruna M. A systematic review of the physical, mental, social, and economic problems of immigrant women in the perinatal period in Japan. *Journal of Immigrant and Minority Health*, 17(6), 1863-1881, 2015.

17. Kageyama M, Yokoyama K, Nagata S, **Kita S**, Nakamura Y, Kobayashi S, Solomon P. Rate of family violence among patients with schizophrenia in Japan. *Asia-Pacific Journal of Public Health*, 27(6), 652-660, 2015.
18. **Kita S**, Kataoka Y, Porter SE. Prevalence and risk factors of intimate partner violence among pregnant women in Japan. *Health Care for Women International*, 35(4), 442-457, 2013.

**PEER-REVIEWED PUBLICATIONS IN JAPANESE (Total = 3, First author= 1)**

1. **Kita S**, Kataoka Y. A foreign woman who decided to separate from her partner because of his violence: A case study. *Journal of St. Luke's Society for Nursing Research*, 12(2), 2008. (in Japanese)