

Dogias Eleftherios

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Mob: 6980746210

Birth Date: 31.07.1998

Summary: Social Worker, currently studying MSc in Public Health. Sociable, talkative, passionate, adaptable with excellent communications skills and curiosity. Seeking a challenging new role to utilize existing skills in communication and group work, while providing opportunities to take on new responsibilities that will offer further professional development.

EDUCATION

Aug. 2019-Feb. 2020

UMEÅ UNIVERSITY – SWEDEN ERASMUS+

Bachelor's in Social Work – Exchange Studies - [UMEÅ University Link](#)

- Degree grade: A (Excellent)
- Indicative courses: Social Work in Sweden, Work and Family in Transition, Democracy, Human Rights and Sustainability: Global Perspectives in Education, Swedish Social Welfare in Comparative Perspective, Organizational Leadership Development
- Academic Presentations in English, Academic Research for Thesis “LITERATURE REVIEW, THE SYSTEMATIC ANALYSIS AND THE PROCESSING OF THE FACTORS ASSOCIATED WITH THE USAGE OF ANABOLIC ANDROGENIC STEROID SUBSTANCES FOR DOPING AT THE AGES 10-18”

Sept. 2016-June 2021

HELLENIC MEDITERRANEAN UNIVERSITY (H.M.U)

Bachelor's in Social Work - [HMU Link](#)

- Degree grade: 9.15
- Indicative courses: Communication and Consulting, Sociology, Psychology, Psychopathology, Social Work with Addictions, Social Work with Groups

Sept. 2021-June 2023

UNIVERSITY of WEST ATTICA (UNIWA)

Master's in Public Health – Specialization in Child and Adolescent Health Promotion / School Health – [UNIVA Link](#)

EXPERIENCE

June 2020 - Feb. 2021

Degree Internship - Psychiatric Hospital of Attica - 18 ANΩ Rehabilitation Center Against Addictions

Social Worker

Intensive Care Unit - Rehabilitation Center

- Family Counseling, Group Counseling, Clinical Counseling and Evaluation
- Secretarial Support
- Advisor Services, Needs Assessment, Psychosocial Care

Jan. 2019 - June 2019

Internship 3 - Laboratory of Local and Community Development (H.M.U)

Social Researcher and Social Worker

Community Social Worker – Paliani Crete (Augeniki, Benerato, Kerasa)

- Recreation of the Youth Club of Paliani
- Group work with the local youth – Community Work, Community Activation
- Educational and Psychosocial Support, Development and Monitoring
- Engaging and Activating the Local Community, Municipality and Associations
- Monitoring and Incrementing the Quality of Life

Jan.2018 - June 2018

Internship 2 - Laboratory of Local and Community Development (H.M.U)

Social Researcher and Social Worker

Community Social Worker – Paliani Crete (Augeniki, Benerato, Kerasa)

- Qualitative Research of the quality of life in Paliani Community – “Planning Reacher in the Municipal Complex of Paliani – Qualitative Research”
- Group work with the local youth – Community Work, Community Activation
- Engaging and Activating the Local Community, Municipality and Associations
- Monitoring and Incrementing the Quality of Life

Jan 2017-June 2017

Internship 1 – Social Work at Schools

School Social Worker

7th Pre-School of Heraklion

- Counseling with Children, Parents and Family
- Social Research of the School Environment

- Monitoring Children Behaviors
- Group work with Psychologists, Teachers and Social Workers

Jan 2022 – Jan 2023

Social Qualitative Research – Community Project Assignment – Hellenic Mediterranean University & Region of Crete

- Project assignment contract entitled "Actions against dangerous behaviours, delinquency and substance use by teenagers. Intervention in the individual, the family, the school and the community" under the auspices of the Region of Crete and the Hellenic Mediterranean University for the period 2022-2023.

PUBLICATIONS

Greek Publications:

- 1) Title of article: **Aggravating and protective factors of use of doping substances by children and adolescents aged 10-18 years. Systematic literature review. Risk and Protective factors associated with doping of children and youth at the ages 10-18.** A systematic review in the scientific journal of social work which belongs to the Association of Social Workers of Greece Editor-in-Chief: Dr. Eleni Mavrogeni email: skle.socialwork@gmail.com
- 2) ICOHEMA 2021/Preparing for a new world in health management: opportunities and challenges, as a presenting author of a research abstract: The multifactorial phenomenon of doping / a public health crisis. The aggravating and protective factors of anabolic androgenic steroid substances uses in ages 10 to 18, edited book, with ISBN: 978-618-5630-04-1.

FOREIGN LANGUAGES

- English: Excellent knowledge (Proficiency Michigan)
- German: Good knowledge (Zertifikat A2)

OTHER INTERESTS & SKILLS

- Good knowledge of Computer (MS Office)
- Masters Competitive Running Track
- Good knowledge of design and drawing

SEMINARS

Training Seminar in "Theatrical Techniques and Experiential Learning for Human Rights and Refugees" January – February 2016. UNHCR (United Nations High Commission for Refugees)

Training Seminar – Professional Diploma in Drug Addition Counseling April – May 2018, "ΚΕΘΕΑ ΑΠΙΑΔΝΗ -Addictions, change and the Social Worker role in Group Therapy"

ESSENTIAL DOCUMENTS

- Social Work bachelor's degree
- Social Work Profession License
- Registration certificate ΣΚΛΕ